

Ideal Wt:214 lbs 97.3 kg %IBW:90.4
BMI: 22.4 (5/24/2012)
-> 23.7 (09/13/2011)

Interview: Pt reports his appetite is pretty good, and that it fluctuates. He reports eating more at home, except the one day a week he buys a reuben sandwich, although he also admits to eating in the Canteen after dialysis (pizza or sandwich). When asked about his po intake, he continues to monitor and decrease on days between dialysis so he doesn't have to use the bathroom during dialysis. He reports: "purposely watch so I don't over eat." When asked about his BM, he states that he is regular, going once/day in the late afternoon/evening. When asked about his phos binder (Ca carbonate) he explained that he is not taking regularly.

PO intake t-1: cinnamon raisin toast, triscuits with laughing cow cheese, and 2 cans chicken noodle soup

URR 5/3/12 = 75.7%
Kt/V: 1.6 (4/5/12)
nPNA: 0.7 (4/5/12)

NUTRITION INTERVENTION

- Visited pt during dialysis, provided and discussed above dialysis report card.
- Reviewed diet history, binder regime, provided recommendations

NUTRITION RECOMMENDATIONS

- High calorie/protein diet, increase intake
- Calcium carbonate lowers phosphorus so continue to take with meals

NUTRITION GOALS:

- Increase protein and energy intakes - not met
- Weight gain -not met
- Phosphorus wnl - met

NUTRITION STATUS: moderate to severe d/t weight loss

FOLLOW-UP:

- Will f/u monthly with labs and offer appropriate diet education
- Nutrition issues are discussed monthly in dialysis care planning meetings

total min w pt 15

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for CHRISTINA M GERMANN

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